

## Volleyball Camp Application 2017

### CAMP PHILOSOPHY

Summer is the time to improve your volleyball skills and the RED & WHITE VOLLEYBALL camp is the place to do it.

Join us for a week of individual improvement and team competition.

Each camper will receive daily instruction in the fundamentals of volleyball. The staff will make competition fun for all ages and skill levels.

### CAMP DIRECTOR

Susan Heiss Athletic Director  
Ursuline Academy  
Email: sheiss@ursuline.org

Susan Heiss has coached volleyball at Ursuline Academy for 36 years. Coach Heiss has coached numerous championship teams in addition to receiving the 2004 Coach of the Year Award in Volleyball. Coach Heiss has also taught several years of CYM Coaches Clinics. She is excited about sharing her volleyball knowledge with our campers. The staff will consist of adult coaches and some Ursuline players.

Fundamentals such as passing, setting, serving and spiking will be emphasized. Campers will participate in modified rally competition. Game competition and contests are included.

- Campers should bring a lunch and a water bottle each day. The last day campers may purchase pizza and sodas.

### GENERAL INFORMATION

Cost: \$185 due by June 30

Fee includes a camp shirt, awards and prizes. This non-refundable payment must accompany the application (front and back).

- Campers must abide by all rules and regulations. If a camper is dismissed for good cause, no refund is given.

Register early to ensure a space at camp. Spaces are limited and will be awarded on a first-come, first-served basis.



Return this application ( front and back) along with a non-refundable fee of \$185 by June 30 to:

RED & WHITE  
SPORTS CAMP  
1503 Harrison Avenue  
Wilmington, DE 19809

Checks should be made payable to RED & WHITE CAMP

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_

Email address \_\_\_\_\_

Father's Name \_\_\_\_\_

Father's Work & Cell #'s \_\_\_\_\_

Father's email \_\_\_\_\_

Mother's Name \_\_\_\_\_

Mother's Work & Cell #'s \_\_\_\_\_

Mother's email \_\_\_\_\_

Camp Age at Camp Time \_\_\_\_\_

Grade Entering (Sept.'17) \_\_\_\_\_

Team Played For \_\_\_\_\_

Shirt: Adult Sm. \_\_\_\_\_ Adult Md. \_\_\_\_\_

Adult Lg. \_\_\_\_\_ Adult X-Lg. \_\_\_\_\_

Parent Signature \_\_\_\_\_

Date \_\_\_\_\_ referred by: other camper \_\_\_\_\_

Newspaper \_\_\_\_\_ other \_\_\_\_\_

Coach (name) \_\_\_\_\_

**2017 VOLLEYBALL CAMP  
MEDICAL FORM**

Contact person in case of an emergency in the event parents cannot be reached:

Name \_\_\_\_\_  
Telephone  
Number \_\_\_\_\_

Physician to  
contact \_\_\_\_\_

Telephone Number \_\_\_\_\_

Med. Ins. Carrier \_\_\_\_\_

Policy Number \_\_\_\_\_

I understand that the camp schedule includes strenuous exercise and that my child is in good physical health and is not restricted from participating fully in camp activities. By enrolling my child, I assume all risks in connection with the camp and release the instructors, agents, and operators for any injury suffered by my child, except for gross negligence.  
Important Medical Information  
(Allergic reactions, etc.)  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Parent  
Signature \_\_\_\_\_

**RED & WHITE  
VOLLEYBALL CAMP  
2017**



**Location: Laffey-McHugh Gymnasium  
Ursuline Academy  
1106 Pennsylvania Ave.  
Wilmington, DE 19806  
(302) 798-5355**

**Grades 4 through 8  
(In September '17)**

**July 31- Aug 3, 2017  
5:30pm – 8:30 pm**